THE CORNERSTONE

WESLEY ENHANCED LIVING®

Upper Moreland

MUST HAVE menus

SALAD

NEW! **PERFECT CAPRESE SALAD 6.50**
Fresh mozzarella, sliced tomatoes and basil. Drizzled with olive oil and balsamic vinegar.

NEW! **WALDORF SALAD 5.50**
Grapes, diced apples, celery and toasted walnuts tossed in a light Greek yogurt dressing. Served on a bed of lettuce.

CHEF SALAD 5.70
Iceberg lettuce topped with julienned slices of ham, turkey, swiss cheese, a hard boiled egg, cherry tomatoes and sliced onions. Served with your choice of dressing.

CAESAR SALAD 4.20
Romaine lettuce, parmesan cheese and seasoned croutons tossed in a creamy Caesar dressing.
Add: Chicken 2.00

DRESSINGS

Ranch
Bleu Cheese
Thousand Island
Caesar
Italian
Raspberry Vinegarette

APPETIZERS

SOUP CUP .90
SOUP BOWL 1.30

NEW! **MARYLAND CRAB**
Tomato based broth with carrots, peas and shredded crab meat

NEW! **FRENCH ONION**
Beef based broth with sliced onions

SOUP DU JOUR
Ask your server about our soup of the day!

NEW! **SHRIMP COCKTAIL 5.95**
Chilled shrimp cocktail served with cocktail sauce and fresh lemon.

SIDE TOSSED SALAD 1.50
Iceberg lettuce with tomatoes
Add croutons, cheddar cheese and onions for an additional .50 per item

SIDE CAESAR SALAD 1.75
Romaine lettuce w/ parmesan cheese, Caesar dressing and croutons

MUST HAVE menus

PASTA

NEW! **CHICKEN TANDOORI 9.70**
Sliced chicken breast coated in tandoori spice blend sautéed in a light raspberry cream sauce served over penne pasta. Served with one (1) side.

SPAGHETTI MARINARA 4.25
Spaghetti topped with our very own homemade marinara sauce. Served with garlic bread and includes one (1) side.
Add: Meatballs (2) 2.00

NEW! **BAKED MANICOTTI 6.35**
Manicotti noodles stuffed with ricotta cheese and topped with our own homemade marinara sauce and mozzarella cheese. Served with one (1) side.

SHRIMP SCAMPI 7.55
Shrimp sautéed with garlic, butter, olive oil and white wine served over spaghetti. Includes one (1) side.

NEW! **CACCIATORE 9.70**
Your choice of chicken or sweet Italian sausage sautéed w/ peppers, onions and mushrooms. Tossed in our homemade marinara sauce and served over penne pasta. Topped with a sprinkling of parmesan cheese. Served with one (1) side.

LAND

GRILLED FILET 10.50
Tender 4 oz. filet, marinated and grilled to the temperature of your choice.

ROASTED TURKEY 5.25
Slow roasted turkey breast topped with turkey gravy. Served with cranberry sauce and two (2) sides.

NEW! **BABY BACK RIBS 9.00**
Tender baby back ribs cooked to perfection served dry or with BBQ sauce. Served with two (2) sides.

MEATLOAF 6.50
A mixture of ground beef, peppers, onions and our house seasoning. Baked, sliced and served with our homemade mushroom gravy. Served with (2) sides.

GRILLED CHICKEN 4.50
Juicy marinated grilled chicken breast. Served with cranberry sauce and two (2) sides.
Add: Gravy of your choice for an additional .50

NEW! **CREAMY RISOTTO CASSEROLE 7.50**
Creamy risotto with peas and carrots topped with slow roasted chicken.

NEW! **CHICKEN & DUMPLINGS 6.55**
Tender chicken, peas and carrots in a creamy gravy served over homemade dumplings.

MUST HAVE menus

SEAFOOD

NEW! **CRAB CAKES 9.50**
Two house made crab cakes. Lump crab meat tossed in a seasoned dressing, breaded and seared to a golden brown. Served with your choice of cocktail or tartar sauce and two (2) sides.

FRIED SHRIMP 5.95
Breaded shrimp fried to a crispy golden brown with your choice of cocktail or tartar sauce. Served with two (2) sides.

BAKED FLOUNDER 5.70
Baked flounder topped with a lemon white wine sauce. Served with two (2) sides.

GRILLED SALMON 8.70
Grilled salmon filet topped with herb butter. Served with two (2) sides.

THE GRILL

CHEESE OMLETTE 4.50
Egg omlette cooked to order filled with your choice of cheese. Served with your choice of toast and one (1) side.
Add: Bacon 1.00 Add: Peppers, onions or mushrooms for .50 per item

HOT DOG 3.75
Grilled hot dog served on a toasted hot dog bun. Served with mustard or relish and one (1) side.
Add: Chopped onion for an additional .50

CONTINUED...

GRILLED CHEESE 3.25
Your choice of cheese served on perfectly toasted bread served with chips and a pickle.
Add: Tomato for an additional .50
Add Bacon or ham for an additional 1.00 per item

CHICKEN FINGERS 5.25
Golden crispy chicken tenders served with your choice of honey mustard or BBQ sauce. Served with one (1) side.

BURGER DELUXE 4.95
Grilled beef patty topped with lettuce, tomato and onion served on a bun with your choice of one (1) side.
Add: Bacon for an additional 1.00
Add: Sautéed mushrooms or onions for an additional .50 per item

NEW! **DOUBLE BURGER 6.45**
Make it a double burger! All of the same fixins with an additional burger patty!
Add: Bacon for an additional 1.00
Add: Sautéed mushrooms or onions for an additional .50 per item

PHILLY STEAK SANDWICH
Chicken 5.50 Beef 6.50
Your choice of thinly sliced chicken or sirloin cooked and served on a long roll. Served with one (1) side.
Add: Cheese, peppers, onions or mushrooms for .50 per item

MUST HAVE menus

SANDWICHES

JR CLUB 4.25
Your choice of ham, turkey or tuna on your choice or toasted bread with lettuce, tomato, mayo and bacon. Served with chips and a pickle.
Add: Turkey or ham for an additional 1.00

FULL CLUB 5.50
Your choice of ham, turkey or tuna on three pieces of toast with two layers of lettuce, tomato, mayo and bacon. Served with chips and a pickle.
Add: Turkey or ham for an additional 1.00

DELI SANDWICH 3.70
Your choice of ham, turkey or tuna on your choice of bread served with chips and a pickle. Mayo, Mustard, lettuce, tomato or onion available upon request.

PEANUT BUTTER & JELLY 2.50
Peanut butter and jelly sandwiched between your choice or bread. Served with chips and a pickle.

CHEESE OPTIONS
American
Cheddar
Swiss
Provolone

BREAD OPTIONS
White
Wheat
Rye

SIDES

NEW! **SALAD OF THE WEEK 1.25**
Ask your server about our salad for this week.

NEW! **VEGETABLE OF THE WEEK 1.25**
Ask your server for our vegetable du jour this week!

STARCHES 1.25
Mashed Potato
Mashed Sweet Potato
Baked Potato
Boardwalk Fries
Onion Rings

VEGETABLES 1.25
Carrots
Stewed Tomatoes

SEASONAL FRESH FRUIT 1.50

CANNED FRUIT 1.25

APPLESAUCE 1.25

MUST HAVE menus

DESSERT

PREMIUM DESSERTS 2.75
Ask your server for our available premium desserts including our pie of the month and dessert of the week.
Add: (1) scoop of ice cream for an additional .75

VANILLA CAKE 2.75
A vanilla cake topped with delicious chocolate icing.

NO SUGAR ADDED PIE 2.75
Ask your server for our no sugar added pie.

CHEESECAKE 2.50
Creamy homemade cheesecake with a delectable graham cracker crust baked to perfection. Served with a drizzle of raspberry sauce

JELLO 1.00
Ask your server for our jello options. Both regular and no sugar added options available. Served with whipped cream.

PUDDING 1.25
Vanilla or chocolate pudding served with whipped cream.

ICE CREAM 1.50
Ask your server for our ice cream options. Regular and no sugar options available.
Add: Whipped cream, chocolate syrup and a cherry for .50

MUST HAVE menus

DRINKS

ROOT BEER FLOAT 1.50
Root Beer with two scoops of vanilla ice cream topped with whipped cream

FOUNTAIN SODA .75
Pepsi
Diet Pepsi
Raspberry Iced Tea
Unsweetened Iced Tea
Pink Lemonade
Root Beer
Ginger Ale
Dr. Pepper

MILK .75
Whole Milk

JUICE .75
Cranberry
Apple
Orange
Tomato

HOT BEVERAGES .75
Coffee / Tea /Hot Chocolate

CHOCOLATE MILK .85
Whole milk w/ chocolate syrup

We hope you enjoyed your meal.
Come back and see us soon!

Questions, comments, concerns?
Please reach out to one of our
Hosts and let us know!

Thank you

WESLEY ENHANCED LIVING®
Upper Moreland

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SPECIALS

CHICKEN MARSALA 7.50
Sautéed chicken breast topped with a delectable marsala wine sauce and mushrooms. Includes your choice of two sides.

SOUP DO JOUR: CHICKEN ORZO
Chicken broth based soup filled with chicken, carrots, onions and orzo pasta

ICE CREAM FLAVORS
Vanilla
Chocolate
Coffee
Moose Tracks (Vanilla, chocolate swirl & caramel cups)
Banana Split
Strawberry
Lemon / Lime Sherbet
No Added Sugar Butter Pecan

JELLO
No added sugar Lime

SOUP DO JOUR: CHICKEN ORZO
Chicken broth based soup filled with chicken, carrots, onions and orzo pasta

ICE CREAM FLAVORS
Vanilla
Chocolate
Coffee
Moose Tracks (Vanilla, chocolate swirl & caramel cups)
Banana Split
Strawberry
Lemon / Lime Sherbet
No Added Sugar Butter Pecan

JELLO
No added sugar Lime

MUST HAVE menus

THE CORNERSTONE

LUNCH MENU

APPETIZERS

SOUP

Maryland Crab: Tomato based broth with carrots, peas and shredded Maryland crab
French Onion: Beef based broth with sliced onions
Cup .90 Bowl 1.30

SIDE CAESAR SALAD **1.75**

Romaine lettuce, parmesan cheese and croutons tossed in a creamy Caesar dressing

SIDE TOSSED SALAD **1.50**

Iceberg lettuce served with cherry tomato, and your choice of dressing
Add: Croutons, cheddar cheese or onions for .50 per item

SALADS

GRILLED CHICKEN SALAD **3.50**

Iceberg lettuce topped with cherry tomatoes and one (1) piece of sliced grilled chicken. Served with your choice of dressing.
Add: Croutons, cheddar cheese or onions for an additional .50 per item

CHEF SALAD **3.50**

Iceberg lettuce topped w/ julienned ham, turkey, swiss cheese, one (1) hard boiled egg, cherry tomatoes and onions. Served with your choice of dressing.

WALDORF SALAD *New!* **5.50**

Grapes, diced apples, celery and toasted walnuts tossed in a light Greek yogurt based dressing. Served on a bed of lettuce.

CAESAR SALAD **4.20**

Romaine lettuce, parmesan cheese and croutons tossed in a creamy Caesar dressing.
Add chicken 2.00

COTTAGE CHEESE & FRUIT SALAD *New!* **4.50**

Seasonal fresh fruit w/ cottage cheese served on a bed of lettuce.

DRESSINGS

Ranch
Bleu Cheese
1,000 Island
Caesar
Honey Mustard

LOW CALORIE

Oil / Vinegar
Raspberry Vinaigrette
Italian

MUST HAVE menus

THE GRILL

SERVED WITH ONE (1) SIDE

GRILLED CHEESE **3.25**
Your choice of cheese served on perfectly toasted bread served with chips and a pickle.
Add: Tomato for an additional .50
Add Bacon or ham for an additional 1.00 per item

BURGER **4.95**
Grilled beef patty topped with lettuce, tomato and onion on a bun with your choice of cheese.
Add: Bacon for an additional 1.00

CHEESE QUESADILLA **3.25**
Cheddar cheese served in a toasted tortilla served with sour cream and salsa.
Add: Chicken for an additional 2.00

CHICKEN FINGERS **3.75**
Golden crispy breaded chicken tenders served with your choice of BBQ or honey mustard.

GRILLED HOT DOG **2.75**
A summertime favorite served all year round! Grilled hot dog served on a toasted bun served w/ your choice of mustard or relish.
Add: Chopped onions for an additional .50

TUNA MELT *New!* **4.00**
Hot open faced tuna sandwich served with sliced tomato and cheese on a toasted English muffin.

PHILLY CHICKEN STEAK SANDWICH **4.45**
Chopped chicken served with your choice of cheese served on a long roll.
Add: Onions, peppers, mushrooms for an additional .50 per item

PHILLY BEEF STEAK SANDWICH **5.25**
Chopped beef topped with your choice of cheese served on a long roll.
Add: Onions, peppers, mushrooms for an additional .50 per item

CHEESE OPTIONS

American
Cheddar
Swiss
Provolone

BREAD OPTIONS

White
Wheat
Rye

MUST HAVE menus

SANDWICHES

SERVED WITH CHIPS AND A PICKLE

PEANUT BUTTER & JELLY **2.50**
Peanut butter and jelly on your choice of bread. Served with chips and a pickle.

DELI SANDWICH **3.70**
Your choice of ham, turkey or tuna on your choice of bread. Served with chips and a pickle. Cheese, mayo, mustard, lettuce, tomato and onion available upon request.

JR CLUB **4.25**
Your choice of ham, turkey or tuna on toasted bread with lettuce, tomato, bacon and mayo. Served with chips and a pickle.
Add: Turkey or ham for an additional 1.00 per item

FULL CLUB **5.50**
Your choice of ham, turkey or tuna on three (3) pieces of toasted bread with two layers of lettuce, tomato and mayo. Served with chips and a pickle.
Add: Turkey or ham for an additional 1.00 per item

HOAGIE *New!* **5.00**
Your choice of ham, turkey, tuna, Italian or American hoagie. Topped with you choice of cheese, lettuce, tomato and onion served on a long roll. Served with chips and a pickle. Oil, mayo and vinegar available upon request.
Add: Turkey or ham for an additional 1.00 per item

BLT **3.00**
Bacon, lettuce, tomato and mayo served on toasted bread.

BREAD OPTIONS

White
Wheat
Rye

CHEESE OPTIONS

American
Cheddar
Swiss
Provolone

MUST HAVE menus

THE CORNERSTONE

LUNCH MENU

THE GRILL CONTINUED

SERVED WITH ONE (1) SIDE

PERSONAL PIZZA *New!* **3.75**

Homemade pizza dough baked to perfection topped with red sauce and mozzarella cheese.
Add: Mushroom, onion, peppers or extra cheese for .50 per item
Add: Bacon, ham, sausage or pepperoni for an additional 1.00 per item

CHICKEN PARMESAN SANDWICH **4.00**

Crispy fried chicken topped with homemade marinara and provolone cheese served on a toasted long roll.

MEATBALL PARMESAN SANDWICH **4.50**

Homemade meatballs topped with marinara and provolone cheese served on a toasted long roll.

CHEESE OMLETTE **4.50**

Egg omlette with your choice of cheese. Includes your choice of toast.
Add: Tomato, mushroom, onion, peppers for an additional .50 per item
Add: Bacon, ham or sausage for an additional 1.00 per item

FRIED SHRIMP *New!* **5.00**

Breaded fried shrimp served with your choice of cocktail or tartar sauce available upon request.

SIDES

FRENCH FRIES **.95**

ONION RINGS **.95**

APPLESAUCE **.95**

POTATO CHIPS **.95**

SEASONAL FRESH FRUIT **1.50**

CANNED FRUIT **1.25**

MUST HAVE menus

THE CORNERSTONE

LUNCH MENU

DESSERTS

PREMIUM DESSERTS **2.25**
Ask your server for our selections!

PUDDING **.95**
Homemade vanilla and chocolate pudding. Whipped cream is available upon request.

JELLO **.95**
Ask your server for our jello flavor of the day!

COOKIES **.95**
Ask your server for our cookie selection of the day!

DRINKS

COFFEE **.75**
Regular or decaf served w/ cream upon request.

HOT CHOCOLATE **.75**
Delicious Swiss Hot Chocolate served w/ whipped cream upon request

COLD BEVERAGES **.75**
Pepsi, Diet Pepsi, Raspberry Iced tea, Unsweetened Iced Tea, Gingerale, Dr.Pepper, Root Beer, Pink Lemonade

JUICES / MILK **.75**
Whole Milk, Orange, Cranberry, Tomato or Apple

We hope you enjoyed your lunch!
Come back and see us soon!

Questions, comments concerns?
Please reach out to one of our Hosts and let us know!

MUST HAVE menus

THE CORNERSTONE

BREAKFAST MENU

EGGS

TWO (2) EGGS **4.00**

Two (2) Farm fresh eggs any style cooked to order, served with your choice of toast and home fries.

CHEESE OMLETTE **4.25**

Egg omlette made to order with your choice of cheese. Includes your choice of toast and home fries.
Add: Tomato, Mushroom, Onions or Peppers for an additional .50 per item. Bacon, Ham or Sausage for an additional $1.00 per item

EGG & CHEESE SANDWICH *New!* **4.00**

Fried egg w/ your choice of cheese served w/ home fries.
Add: Bacon, Ham, Sausage or Pork Roll for an addition $1.00 per item

EGGS BENEDICT *New!* **4.50**

Two (2) poached eggs served over a toasted English muffin and Canadian bacon topped with hollandaise sauce.

CEREAL

HOT CEREAL **1.35**

Oatmeal, Cream of Wheat or Grits. Maple syrup and brown sugar available upon request.

COLD CEREAL **1.25**

Cheerios, Raisin Bran or Rice Krispies. Served with a cold glass of milk

PANCAKES

BUTTERMILK PANCAKES **3.50**

Two (2) fluffy buttermilk pancakes w/ syrup & butter.

BELGIAN WAFFLE **3.50**

One (1) fresh made Belgian waffle w/ syrup and butter.

FRENCH TOAST **3.50**

One (1) piece of Texas toast served w/ syrup & butter

MUST HAVE menus

SIDES

BREAKFAST MEAT **1.75**
Bacon (3), Sausage (2), Scrapple , Pork Roll (2), Canadian Bacon (2)

HOME FRIES *New!* **1.75**
Seasoned cooked home fries

SEASONAL FRESH FRUIT **1.50**
Juicy, tender fresh cut fruit dependent upon the season

GREEK YOGURT **.95**
Plain creamy Greek yogurt

CANNED FRUIT **1.25**
Deliciously soft assorted canned fruit. Ask your server what type we have today!

DRINKS

COFFEE **.75**
Regular or decaf served w/ cream upon request.

HOT CHOCOLATE **.75**
Delicious Swiss hot chocolate served w/ whipped cream upon request

COLD BEVERAGES **.75**
Pepsi, Diet Pepsi, Raspberry Iced tea, Unsweetened Iced Tea, Ginger Ale, Dr.Pepper, Root Beer, Pink Lemonade

JUICES / MILK **.75**
Whole Milk, Orange, Cranberry, Tomato or Apple

We hope you enjoyed your breakfast!
Come back and see us soon!
Questions, Comments, Concerns?
Reach out to our Host and let us know!

MUST HAVE menus

Thank you

(215) 302-3758 | 2815 Byberry Rd. | 8:00 am - 9:30 am